# A caring, creative, intelligent schools (604) 944-9037, Fax (604) 944-8634

http://www.sd43.bc.ca/elementary/blakeburn/

Newsletter - May 29, 2015

June 2015							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturda	
31	1 Pro-d Day No school in session	2	3 Kway Gr. 6 for a day Minnekhada Gr. 6 for half a day	4	5 Carnival 4:30 – 7:30pm	6	
7	8	9 Saleema Noon In the library 6:30 Primary 7:30 Intermediate Fruit & Veggie Program – Grape Tomatoes	10	11 Grade 4/5 Cultus 9:00 – 3:00pm	12 Hot Lunch – McDonalds (reverse lunch 12:25 – 12:45)	13	
14	PAC Meeting 6:30	16	17	18	19 Grade 5 Farewell 1:30	20	
21	22	23	Farewell Gathering 1:00	25 Last Day	26	27	





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### **Saleema Noon Body Science Presentation**

Tuesday, June 9<sup>th</sup>, 2015 Library The K-3 Presentation begins at 6:30pm The Gr. 4-5 Presentation begins at 7:30pm

Blakeburn Elementary PAC is hosting Saleema Noon to talk to parents/guardians and children about Body Science.

This is an optional event and we are including information so you, as the parent/guardian, can make an informed decision about coming to attend the talk with your child. More information can be found on the website, information below.

All children must be accompanied by their parent or guardian.

Please RSVP sfiset@sd43.bc.ca if you plan to attend.

We have three Terry Fox Volunteers for child minding. Let us know if you plan to use this service so we are prepared for your children.

Please see below for information from Saleema...

# Saleema Noon

Sexual Health Educators

### Talking to Your Children About Body Science – Helpful Tips

- Remember that you can't tell a child too much...they will only absorb what they need to know at the time.
- Use technical names for the parts of the body. Children need to learn the appropriate scientific vocabulary.
- Use books...they keep children interested, and they say everything for you.
- Tell your child a bit more than you think you should, a bit sooner than you thin you should, and be prepared to provide this information more than once.
- Provide your child with information before he or she asks. Some children will never ask
  questions about their bodies, but still need to be educated and protected.
- Don't panic when your child asks a question. If you can't think of an answer right away, be honest. Explain that you need some time to think about it and will get back to him or her later (ie. at bedtime, after dinner).
- Take advantage of teachable moments...bring up topics naturally while watching TV, listening to music or reading a newspaper article.
- No matter how hard or embarrassing your child's questions are, try not to get mad. Be proud that he or she is curious about sexual health, and recognize that questions are a compliment. Your kids trust you as a reliable source of information.

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- Practice, practice, practice! If you can rehearse a few key words or phrases, answering your child's questions on the spot will be much easier.
- Always maintain your sense of humor...enjoy the funny use of words, misunderstandings and questions!

The following checklists are intended to provide parents with guidelines around what to teach their children and when. Saleema Noon Sexual Health Educators endeavor to cover all topics in **bold** during their presentations to elementary school children.

### **Primary Checklist (K-3)**

Your primary child needs to know:

- That they have ownership of their bodies
- Scientific words related to sexual health
- That reproduction usually happens when a man's sperm joins a woman's ovum by sexual intercourse, but that there are many different ways that families are formed. All families are unique.
- That the baby grows in the uterus (not the stomach)
- That the baby is usually born through the vagina
- Not to pick up condoms or needles
- The basics about menstruation (periods) and nocturnal emissions (wet dreams) as clean and healthy processes

### **INTERMEDIATE CHECKLIST (Gr. 4-5)**

Your intermediate child needs to know everything the previous age groups have learned, plus:

- The responsibilities that come with the decision to be in a sexual relationship
- Basic information about sexually transmitted infections (STIs)
- The different ways that families are formed, and that all families (single parent, blended, divorced, gay, adoptive) are deserving of respect
- That homophobic language, jokes and attitudes are unacceptable
- All about physical and emotional changes at puberty

Parents should also discuss the following topics:

- Smart decision-making and safety on the internet (including discussion of pornography)
- Media literacy

### Smart decisions start here.

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## **News from the PAC:**

Website: www.blakeburnpac.org Find us on Facebook: "Blakeburn Elementary PAC"

## **Upcoming Events**

Take note of these upcoming PAC-led events or come be part of them!

- Friday, June 5, 4:30-7:30 **Carnival** Tell your friends! Volunteer for an hour!
- Tuesday, June 9, 6:30-8:30 Saleema Noon Sexual Health Talk for parents and kids
- Friday, June 12 **Hot Lunch** pre-ordered through Munchalunch Parents needed to help give out the lunches at 11:40 noonish
- Monday, June 15 PAC Meeting 6:30 in School library -

# Parents Urgently Needed for the Carnival – June 5th

We need you! Without enough parent volunteers, we will have to cancel some of the exciting activities planned. Please sign up to help for one hour to help make the Blakeburn Carnival happen! The Carnival runs 4:30-7:30pm, so you'll still have plenty of time to enjoy the Carnival with your kids.

## Sign up for one hour on Friday, June 5 for these critical roles:

- BBQ Need Food Safe volunteers
- Activities (Laser Tag, Bumper Balls, Hamster Balls, Carnival)
  - Parents on hand to oversee high school volunteers who will run the games
- Setup/ Take down
- Cake walk baking (prior to Carnival)

No prior experience necessary.

Sign up here ASAP: http://bit.ly/BlakeburnCarnival2015

Email <u>fundraising@blakeburnpac.org</u> with any questions.

Thank you in advance for all your support to make this annual event a fabulous and fun evening!

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### JDRF Fundraiser

The popsicle sale was awesome! We would like to say thank you to our students, parents and grandma volunteers and a big thank you to all of our Blakeburn students. Our community came together to make a big difference!

Lauren and her sister Erica are proud to present \$506.00 to the Juvenile Diabetes Research Foundation that was raised in the popsicle sale. This year the annual Walk for the Cure for Diabetes is on Sunday, June 14th at Abbotsford Exhibition Park.

Thank you to our wonderful community, because it doesn't take one or two people to make a difference; it takes all of you!

From Lauren and Erica



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## School District No. 43 (Coquitlam) School Calendar 2015-2016

DESIGNATION		
Schools open	Tuesday, Sept. 8	
Thanksgiving Day	Monday, Oct. 12	
Remembrance Day	Wednesday, Nov.11	
School Not in Session	Friday, Nov. 20	
Schools close for Winter vacation (last day in session)	Friday, Dec. 18	
Winter vacation period	Dec. 21 – Jan. 1	
Schools reopen after Winter vacation	Monday, Jan. 4	
BC Family Day	Monday, Feb. 8	
Schools close for Spring vacation (last day in session)	Friday, Mar. 11	
Spring vacation period	Mar. 14 – Mar. 24	
Good Friday	Friday, Mar. 25	
Easter Monday	Monday, Mar. 28	
Schools reopen after Spring vacation	Tuesday, Mar. 29	
Victoria Day	Monday, May 23	
Last day of school for students	Wednesday, June 29	
Administrative Day	Thursday, June 30	

### **School/District Non-Instructional Days:**

Friday, Sept. 25, 2015 Friday, January, 29, 2016 Friday, April 15, 2016 Friday, October 23, 2015 Friday, February 19, 2016 Monday, June 6, 2016

## Early Dismissal Days (1:45pm):

Wednesday, Sept. 23, 2015 & Thursday, Sept. 24, 2015: Welcoming Conversations

Tuesday, March 8, 2016: As Requested Parent/Teacher Meetings

Thursday, April 14, 2016: Student-Led Conferences

Please note that this Calendar is subject to change throughout the year.

Please see our website for more detailed information.

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## **Bell Times for 2015-2016**

- 8:45-10:15 Morning Session
- 10:15-10:30 Recess
- 10:30-11:53 Class in Session
- 11:53-12:45 Lunch
- 12:45-2:45 Afternoon Session

## **Code of Conduct Review**

All British Columbia schools include students, parents and staff in the development and review of codes of conduct. This year I am sending the code of conduct to all parents via the newsletter. If you have any suggestions, ideas, or notes you would like to pass on please email me at <a href="mailto:amccomb@sd43.bc.ca">amccomb@sd43.bc.ca</a>

I will also meet with two student reps from each class in the coming weeks to ask the students for in-put.

A staff committee will then respond and collate any feedback and make any necessary changes as well as align the code of conduct with the District Policy reflecting provincial standards.

### **CODE OF CONDUCT**

Blakeburn Elementary School promotes the values expressed in the BC Human Rights Code respecting the rights of all individuals in accordance with the law – prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, physical or mental disability, sex or sexual orientation – in respect of discriminatory publication and discrimination in accommodation, service and facility in the school environment.

At Blakeburn Elementary School, our statement of purpose is as follows:

In order to prepare our students to be contributing members of a global society, we guide them by Blakeburn 's Code of Conduct:

Take care of yourself

Take care of others

Take care of this place

All members of the Blakeburn School Community are expected to behave in a socially responsible manner. This expectation extends from the classroom, to the hallway, to the washrooms, to school gatherings, to the playground and to the extended learning environment of field trips. At all times, students and staff are expected to demonstrate socially responsible behaviour, make moral and ethical decisions which fully meet or exceed expectations. We teach the students respectful behaviour in our whole community, choosing not to be responsible for the students within specific classrooms only.

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Members of the school community include all students and all adults affiliated with the school and its activities. Members of the community are guided by referencing the BC Performance Standards for Social Responsibility.

### **Conduct Expectations**

The expectations outlined in the Code of Conduct apply to behaviour at school, during school-organized or sponsored activities, and behaviour beyond these times (including online behaviour) that relates to the safe, caring or orderly environment of the school and/or student learning.

### **Acceptable Conduct:**

Students are expected to:

Take Care of Themselves Take Care of Others Take Care of This Place

More specifically, students are expected to:

- · Treat all students and staff with care and respect
- · Act in a safe and responsible manner
- Respect personal space and property
- Act in a manner that brings credit to their school, their class and themselves
- Inform a 'tellable' adult in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- · Follow the rules, guidelines and instructions of staff

At Blakeburn, our acceptable conduct is conveyed through all our daily conversations and expectations. Every morning, we relay a 'morning message' to the entire school population. These 'morning messages' include references to our school goals, social responsibility, acceptable and unacceptable behaviour, and serve to build upon our school culture.

Blakeburn is a safe, caring and orderly learning environment that embraces compassion and empathy. Adults are encouraged to take advantage of every teachable moment to model, teach and exemplify socially responsible behaviours.

Diversity is valued at Blakeburn to minimize exclusion, aggression and inappropriate behaviours.

### **Unacceptable Conduct:**

All staff have authority and responsibility to encourage appropriate student behaviour. Students shall not discriminate against others on the basis of race, religion, sex, sexual orientation, disability or for any other reason set out in the Human Rights Code of British Columbia. No student shall publish or display anything that would indicate an intention to discriminate against another, or expose them to contempt or ridicule on the basis of any such grounds. (See District Policy 17-4).

The following statements are cited as examples only and are not intended to be an all-inclusive list.

#### Students should not.

- Initiate or participate in acts of bullying (bullying includes, but is not limited to, physical or verbal intimidation, verbal harassment and cyber-bullying, occurring on or off school property. See District Policy 17)
- Be involved in any illegal acts
- Possession or use of weapons

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- Possession, use or distribution of illegal substances
- Theft or vandalism
- Interfere with the learning of others
- Interfere with an orderly environment
- Create unsafe conditions
- Retaliate against a person who has reported incidents of inappropriate behaviour to staff

Students may be subject to discipline under the school and/or District Code of Conduct for any conduct which has the effect of negatively impacting the school environment, whether that conduct occurs on or off School District property, at a school sponsored function or activity, or otherwise.

For further information please visit www.sd43.bc.ca/blakeburn and click on "Parent" "Forms"

If you would like to unsubscribe to this newsletter, please email sfiset@sd43.bc.ca